# **Spring Back Into Recreation**

# Program offering options based on your comfort level

- In-person programs following ALL COVID-19 health & safety protocols.
- Take it, Make it programs offered at designated pick -up locations.
- Online programs at the *Virtual Rec. Center.*

# Summer programs are in the works!

We're working diligently to bring you fun, SAFE and engaging in-person summer programs. Stay tuned for additional information in the coming weeks.



# **124 North Maple Street**

It's time to get outside and enjoy the nicer weather. The days are longer and the sun feels good! As we spring into a new season, you'll also find that the Recreation Division has sprung into a new location! We recently moved from our longtime home at the Angelo Lamanga Activity Center to the Enfield Annex. As we slowly move out of a long winter and pandemic, staff and instructors are looking forward to new beginnings in our new space at 124 North Maple Street. Our current location has ample parking, a welcoming office area and expanded space for programming. Even though our location has changed, you can still count on us for the recreation programs you have come to love and enjoy. Stop down, say hi and check out our program offerings. Our office is open Monday – Friday, 8:00 AM – 4:00 PM and can be accessed via Door 1. We look forward to welcoming you back to Recreation this Spring!

Warmly,

Alison Alberghini Recreation Manager





Look for our Summer Brochure available late April - early May!

#### YOUTH PROGRAMS

#### **Babysitter Safety Course,** Ages 11-16

This course will teach age appropriate skills necessary to care for children of all ages. Instruction will focus on safety with an emphasis on prevention. Topics such as diapering, personal safety and basic first aid will be covered. **Limit: 12**.

Date: Wednesday, April 14, 2021 (spring break)

**Time**: 9:00 AM - 2:00 PM

Fee: \$75.00, Enfield residents only

**Location**: Enfield Annex, 124 N. Maple St.

Complete information can be found <u>here</u>. Registration is currently open.

#### **Preschool Martial Arts Clinic**, Ages 3-5

Has your little one shown an interest in martial arts? Join *Integrity Martial Arts* of Enfield to learn the basics of martial arts and character development topics. Integrity Martial Arts will be offering 3 additional sessions free for those who attend the clinic. **Limit: 12.** 

**Dates**: Saturdays, May 1 & 8, 2021

**Time**: 9:00-9:30 AM

**Fee**: FREE! Open to Enfield residents only. **Location**: Green Manor Park, Taylor Rd.

Complete information can be found <a href="here">here</a>. Registration begins April 1 at 8:00 AM.

#### Field Hockey Clinics, Grades 3-5 & 6-8

Participants will be introduced to and taught the fundamentals of field hockey. Instructors will cover stick and ball handling, passing and receiving, shooting and game rules. The program will be a combination of skills, drills and game play. **Limit: 16 per group**.

Dates: Thursdays, April 22 - May 27, 2021

**Time**: 5:00 - 6:15 PM

**Fee**: \$35.00, *Enfield residents only* **Location**: Enfield Annex Turf Field

Complete information can be found <u>here</u>. Registration is currently open.

#### **Youth Martial Arts Clinic,** Ages 6-10

Has your little one shown an interest in martial arts? Join *Integrity Martial Arts* of Enfield to learn the basics of martial arts and character development topics. Integrity Martial Arts will be offering 3 additional sessions free for those who attend the clinic. **Limit: 12.** 

**Dates**: Saturdays, May 1 & 8, 2021

**Time**: 9:30-10:00 AM

**Fee**: FREE! Open to Enfield residents only. **Location**: Green Manor Park, Taylor Rd.

Complete information can be found <a href="here">here</a>. Registration begins April 1 at 8:00 AM.

#### **Camp Tons-O-Fun Summer Care**

Summer Care is a great opportunity to meet new friends, develop respect, build self-esteem and participate in activities in a safe, friendly and fun atmosphere. Activities include sports and group games, theme weeks, arts and crafts, free play and more! Our counselors are individuals who are selected on the basis of their skills and talents, as well as their enthusiasm. Staff to participant ratio is 1 to 10.

Dates: June 28 - August 13, 2021, in one week sessions.

Time: 8:00 AM - 4:00 PM

**Location: Enfield Annex, 124 North Maple Street** 

Grades: Enfield youth entering grades 1-9 in September 2021

For complete information regarding *Summer Care*, including fees, click <u>here</u> or contact the Recreation Office at 860.253.6420 during regular office hours.

Registration is now open and spaces are filled on a first come, first serve basis.

Register for one, several or all seven weeks of *Summer Care*!

#### Take it, Make it Craft Kits

#### "Kindness Rocks!" Rock Painting



Ages 3 years and older

#### The Details...

- Traft kits are FREE and open to Enfield residents.
- One craft kit per household.
- Crafts available April 8 30, or while supplies last.
- Call the Recreation Office at 860.253.6420 to reserve a craft kit.
- Pick-up will be at the Recreation Office during regular office hours.
- Click here for complete program details.

#### Take it, Make it Craft Kits

#### Spring Bunny Paper Roll Craft



Ages 3 years and older

#### The Details...

- Kits are FREE and open to Enfield residents.
- Kits are available through April 30 or while supplies last.
- Call the Recreation Office to reserve a kit.
- Pick up is at the Rec. Office.
- Click here for full details.

#### **Create Your Own Mini Birdhouse**

An outdoor activity at the Recreation Outdoor Classroom!







Ages 3 years and older

Get into the springtime spirit and join us to decorate your own mini birdhouse! Enfield youth will be able to prepare and then decorate with paint, buttons, sequence and more. Residents can register their household (*up to 6 people*) for a table. Each participating child will receive their own mini birdhouse to decorate and take with them at the conclusion of the program. **Limit: 21 participants**.

**Date**: Saturday, May 1, 2021 **Fee**: FREE! Open to Enfield residents only.

**Time**: 9:30 - 10:15 AM **Activity Number**: 3603.0102.301

Location: Recreation Outdoor Classroom, 124 North Maple Street

Pre-registration is required and begins on April 1 at 8:00 AM. Click <a href="here">here</a> for complete details.

In-person programs require pre-registration. Click here to register through Activenet.

#### SPECIAL EVENTS & FAMILY PROGRAMS

#### "Virtual" Youth Fishing Derby, Ages 15 and under

Our Annual Youth Fishing Derby has gone virtual! Enfield youth can get outside and head to their favorite fishing spot to cast a reel and catch some fish! Extended from a one day, 2 hour event, this year's fishing derby will span a total of 38 days. To participate: Catch a fish in any body of water, submit a photo of the participant and their catch via email and include the child's full name, age, phone number and home address. Only one entry will be accepted per participant. All entries will be entered into a drawing for a chance to win a fun prize!

Dates: Friday, April 9 - Monday, May 17, 2021

**Locations:** Any body of water where fishing is permitted

**Entries:** Must be submitted to Bfairman@enfield.org by 5/17/21 at 11:59 PM.



Complete information can be found here. No pre-registration required.

#### **KIDS TO PARKS DAY**

The 11th Annual Kids to Parks (KTP) Day is Saturday, May 15, 2021! The National Park Trust established this day in 2011 to connect youth and their families with local, state and national parks and public lands. KTP events promote discovery and exploration in the great outdoors. Here are some ways YOU can participate locally in this "national day of outdoor play":

- Take part in our Virtual Youth Fishing Derby Strict Visit one of the many playgrounds in town
- Register for a <u>Learn to Fish</u> Course
- Explore the <u>Scantic River State Park</u>
- Hike the Blue Blazed Hiking Trails
- Visit a local park and go bird watching
  So fishing in a local body of water
- Find and identify different animal tracks
- Have a picnic in a local park
- ⊕ Go on a <u>scavenger hunt</u> around town
- Learn about and view the night sky
- Take a walk around your neighborhood

### **Intro to Fishing Courses**, Ages 8+

The CT DEEP Fisheries Division C.A.R.E. program is offering FREE virtual Learn to Fish courses via ZOOM. These fun and interactive classroom sessions are led by state certified fishing instructors. This class is perfect for adults looking to pick up fishing and families with children ages 8 years and older. Pre-registration is required through DEEP. Click here to register.

#### All classes start at 6:00 PM:



Monday, April 5 Tuesday, April 13 Wednesday, April 21 Friday, April 23

Monday, May 3 Thursday, May 13 Wednesday, May 19 Tuesday, May 25

Click here for complete information.

#### **ADULT PROGRAMS**

#### Spring Adult Yoga, Ages 18+

Release stress and improve personal well-being this spring. Yoga will bring balance, breath awareness, stamina and flexibility to the body and mind. Participants will be able to work at their own level, modifying poses as needed. **Limit: 24.** 

**Dates:** Tuesdays, April 27 - June 1, 2021

**Time:** 6:15 - 7:30 PM

**Fee:** \$30.00, *Enfield residents only* **Location:** Enfield Annex Cafeteria

Complete information can be found <a href="here">here</a>. Registration begins April 1 at 8:00 AM.

#### Women's Self-Defense, Ages 18+

Self-defense is a real and necessary skill. Join *Integrity Martial Arts* to learn simple strategies to minimize risk, the psychology behind most violence, the fundamentals of striking and escaping and more. Please note that mature topics will be covered. **Limit: 16.** 

Date: Thursday, April 15, 2021

**Time:** 6:00 - 9:00 PM

**Fee:** FREE! Open to Enfield residents only. **Location:** Integrity Martial Arts Studio

Complete information can be found <a href="here">here</a>. Registration begins April 1 at 8:00 AM.

#### **Pickleball in Enfield**

Did you know that the Veteran's Memorial Athletic Complex on South Road in Enfield is home to six brand new pickleball courts? Completed in the summer of 2020, these new courts are a great place to practice your skills, compete against opponents and have fun outdoors during the warmer months. For those unfamiliar with the sport, pickleball is a paddleball sport that combines elements of badminton, table tennis and tennis. Invented in the mid 1960's as a children's backyard game in the United States, the game has exploded in popularity with senior citizens and has proven to be a great intergenerational game for participants of all ages! Have fun and find some time to utilize this fresh new addition to Enfield.



#### **Summer Program Information Available Soon!**

The Enfield Recreation Division is hard at work planning summer programs for our residents! From Camp Tons-O-Fun Summer Care, to sports camps and beyond, we hope you will be able to find a fun and fitting program for everyone in your family. Our goal is to provide you with safe and engaging summer programs for youth and adults. Check out our website and social media regularly for the most up-to-date program information. Our Summer Brochure will be available late April - early May.



WE'VE MOVED!!
124 North Maple Street
860.253.6420
www.enfield-ct.gov/recreation

**GenfieldRecreationDepartment ★ @EnfieldRecDept** 



# The Cooped Up Crafts Cart

# FREE Activities for Kids!!!

The Cooped Up Crafts Cart activities are great for those who are not comfortable attending an in person class, are unable to make an in person class or need an activity to fill their child's downtime with. This April and May we are offering a variety of activities which correspond with the spring season and upcoming holidays.

FREE Crafts Cart options include (while supplies last)...

- Earth Day Activities
- DIY Pinwheels
- Flower Scratch Art
- CYO Star Stringers

- Assorted Stickers
- Seasonal Activity Packs
- Other Surprise Activities!

How to get a FREE Crafts Cart activity...

**Stop by and see us at a pick-up event** (weather dependent):

Wednesday, April 7th: 11:00 AM - 12:00 PM at the Rotary Playground, 104 Middle Road Saturday, April 17th: 10:00 - 11:00 AM at the Enfield Annex, 124 North Maple Street Wednesday, April 21st: 9:30 - 10:30 AM at the Enfield Public Library, 104 Middle Road Saturday, May 1st: 10:30 - 11:30 AM at the Enfield Annex, 124 North Maple Street Wednesday, May 19th: 9:30 - 10:30 AM at the Rotary Playground, 104 Middle Road

Or call the Recreation office at 860.253.6420 to reserve an activity and schedule a time for pick up.

#### CT FOREST & PARK ASSOCIATION'S TRAILS DAY

June 5 & 6, 2021



With over 200 trails and 825 miles of public hiking footpaths across the state, *CT Trails Day* is dedicated to encourage the public to get out, get active and explore their local paths and trails. Take part in a local *Trails Day* event and find out more information on this celebration <a href="https://example.com/here">here</a>.





ENFIELD, CONNECTICUT

#### **ENFIELD RECREATION DIVISION**

**WE'VE MOVED!!** 

Enfield Annex 124 North Maple Street

Phone: 860.253.6420

**Email**: Recreationsupervisor@enfield.org **Website**: www.enfield-ct.gov/recreation **Office Hours**: M - F, 8 AM - 4 PM

### Virtual Recreation Center!

With the uncertainties surrounding the COVID-19 pandemic, we want you to know we are here for you! Our Virtual Rec. Center is available to you 24 hours a day, 7 days a week and contains a variety of resources for you to use from the comfort and safety of your own home. From exercise and fitness, to enrichment activities and crafts, to virtual tours and more, we have over **50** different offerings. The best part? They're free! New and additional resources are being added regularly just for you! Check it out today <a href="https://example.com/here">here</a>.